EXPO DENTAL MEETING | 14-15-16 MAGGIO 2026 RIMINI - ITALIA

EXPODENTAL RDH

BEYOND THE SURFACE. STRUCTURES, RELATIONSHIPS, AND APPROACHES TO THE ORAL CAVITY

Within Expodental Meeting – the birthplace of dental best practices – Expodental RDH 2026 is the place to be for dental hygienists who wish to learn new things, exchange ideas and grow. As the clinical world is constantly evolving, it is the speakers – all dental hygienists – who share insights and clinical cases from their professional experiences to address multiple challenges – from tissue biology to aesthetics, from prevention to professional communication. Three thematic sessions and one integrated perspective: looking beyond the surface to become informed and experienced key players in the present and future of oral health.

Pav. A3

Session 1 – Thursday, 14th May 2026, 2:45 – 4:45 p.m.

THE STRUCTURE, SCOPE, AND STRONG POINTS OF ENAMEL

The tooth surface is just the beginning. In this session, speakers explore the anatomical, functional, and aesthetic aspects of enamel, addressing topics such as remineralization, lesions, whitening, and innovations in prevention and treatment protocols. A clinical and scientific approach where aesthetics is seen as a sign of health.

2:45 p.m. Consuelo Sanavia

Molar Incisor Hypomineralization (MIH): an update on its causes and new therapeutic perspectives

3:15 p.m. Eva Andreini

Teeth whitening for patients with fluorosis and tetracyclines: clinical approaches and tangible results

3:45 p.m. Daniele Modesti

Resin Infiltration and enamel alterations

4:15 p.m. Andrea Butera

Clinical and lab biomarkers as a tool for studying enamel during orthodontic treatments

Session 2 – Friday, 15th May 2025, 10:00 a.m. – 12.00 p.m.

PERIODONTOLOGY IN PRACTICE: CASES, TREATMENTS, CONTINUITY

From screening to maintenance, each patient's clinical history is made up of details, decisions and results. In this session, speakers share cases where gingival, periodontal, and peri-implant diseases were successfully treated, illustrating diagnostic procedures, non-surgical therapeutic approaches, as well as personalized strategies to tackle such diseases.

This focus on everyday clinical practice combines scientific evidence with field experience.

10:00 a.m. Marco Lattari and Simone Roatti

Non-surgical periodontal therapies to determine RBL and CAL: when should we resort to them?
Let's unleash our potential!

10:45 a.m. Ilaria Valentini

Smile aesthetics and periodontal health: a crucial combination

11:10 a.m. Cosimo Prete

Treating recessions with non-surgical therapies

11:35 a.m. Carlotta Becciani

Non-surgical therapies: when biofilm detection and patient collaboration go hand in hand

Session 3 – Friday, 15th May 2026, 2:30 – 4:30 p.m.

THE HUMAN SIDE OF OUR PROFESSION: SKILLS FOR STRONGER CONNECTIONS

Empathy, communication and professional expertise: oral health is not just about protocols – it's also about dialogue. This session addresses the approaches to vulnerable or difficult patients, effective communication, and collaboration with the teams and employers – an opportunity for us to rethink the relational and strategic value of today's dental hygienists.

2:30 p.m. Tatiana Giulia Rizzati

Plate detectors: from the clinic to the patient-doctor relationship

3:10 p.m. Elena Bizzotto

Patient-doctor relationship: a Dental Hygienist's invisible tool

3:50 p.m. Giulia Sabatino

Looking for a dental hygienist? What you need to do for a successful job interview

Grazia Merla Award for the Best Dissertation – Saturday, 16th May 2026, 10:45 – 11:30 a.m.

AWARD CEREMONY FOR THE PARTICIPANTS AND WINNERS OF THE "Grazia Merla Award for Best Dissertation"

Last update: 13th November 2025